

# 'Music on the Menu'

Hello schools, parents and carers

Welcome to our fourth edition of **Music on the Menu**. We hope you are enjoying exploring our ideas. Here are some more ideas for how to include and enjoy high quality music experiences with your children/young people each day. Once again, these ideas are suitable for primary school, secondary school and home settings, so please do pass the information on to your parents and carers.



## LISTENING

Why not start the day by listening to beautiful music?  
Here is a piece of classical music that will help to calm and focus the mind.

### **Adagio from Oboe Concerto in D minor**

(Composer – Alessandro Marcello)

<https://www.youtube.com/watch?v=E0BaIQMrVDU>



## SINGING/ COMPOSITION

For a great selection of pulse & rhythm and pitch & singing activities, please visit  
<http://www.westsussexmusic.co.uk>.

- Click on Staff Zone
- Click on School Zone
- Username:            Schools
- Password:           SchoolsAccess1
- Go to 'Pulse and Rhythm' folder
- Go to 'Pitch and Singing' folder

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15 April 2020

## Friday Afternoons



**Friday Afternoons** is about encouraging young people to sing. Newly composed songs and support materials aim to help teachers develop their students' skills – as performers, listeners and composers. The high-quality vocal music is written for a variety of abilities from primary right through to youth choirs and secondary schools and includes signed videos and Braille scores. All resources are available on the website for FREE.

To register, please visit <https://www.fridayafternoonsmusic.co.uk/>

Suggestion: Now that you have learned the song '**Cuckoo**' by Benjamin Britten, you might like to use it as a starting point for composition and songwriting. Visit Project One Dot at <https://www.fridayafternoonsmusic.co.uk/project-one-dot> to find out more about musical exploration activities and extended creative work. Our very own Emily Barden will talk you through the comprehensive resources and how to use them effectively in the classroom/at home.



**Voices Around the World** launched yesterday, Tuesday 14 April in partnership with pop legend Howard Jones.

The project contains two songs: '*We Are The Change*' and '*With This Hope In My Heart*.' We are sure young people will really enjoy learning these uplifting songs from home.

To find out more and register to be part of the new project, please visit

<https://voicesaround.com/register-to-join-our-new-project>.



On 20 April, **Sing Up** is launching a fresh new *Sing Up at Home* area on their website. This space will be totally free and accessible to parents and families so that you can link directly to [www.singup.org/singupathome](http://www.singup.org/singupathome) on your VLEs and school websites. Sing Up will be upload fresh videos and resources for you, your pupils and their families to make the most of singing whilst at home.

# ONLINE CHORAL SINGING

## 1) The Great British Home Chorus

British choirmaster, composer and TV presenter, **Gareth Malone**, has launched an 'at home' digital choir to boost the nation's morale during coronavirus self-isolation.

'The Great British Home Chorus', has been designed to bring together both amateur and professional performers around the UK by encouraging them to sing with others online at no cost.

To find out more and sign up, visit <https://decca.com/greatbritishhomechorus/>

## 2) Self-Isolation Choir – The Messiah At Home (in association with ChoraLine)

This choir has been formed by choral singers, for choral singers, to allow those who would normally be attending rehearsals and concerts to continue to sing! The Messiah has been chosen in conjunction with ChoraLine because at Easter time, this is the most performed work across the UK and the rest of the world.

You will enjoy weekly live rehearsals for an hour with the Choral Director on a YouTube Channel and be part of the Choir as you sing the entire work in concert on Sunday 31st May, supported by an orchestra and soloists recorded from home especially for this occasion. Once you have joined the Choir, you will be sent detailed joining instructions by email.

To join Self-Isolation Choir, please visit <https://www.theseisolationchoir.com/>



## LISTENING AND APPRAISING

You'll find a wide range of music to listen to on our website in Schools Zone/Listening.

As well as this, how about dipping into **BBC Ten Pieces?**

**Ten Pieces** aims to open up the world of classical music to 7-14 year olds across the UK and inspire them to develop their own creative responses to the music.

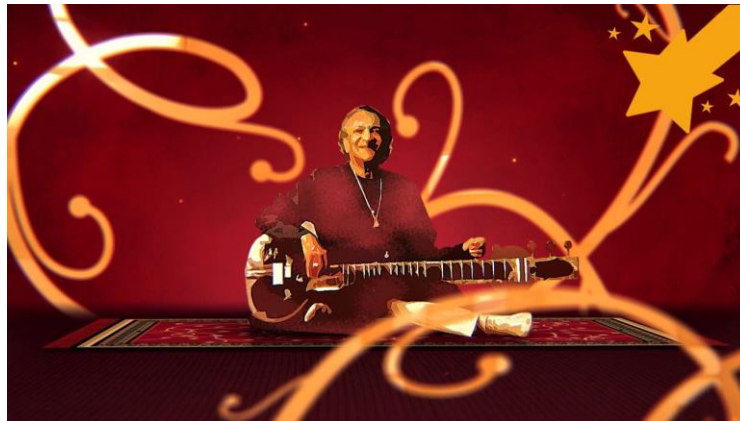
Free teaching resources for Ten Pieces I, II and III are all available, including new resources for Key Stage 1.

You can work with as many pieces as you like, and as Ten Pieces is a flexible project, you can use the resources to fit in with your own timetable of learning.

Suggestion: Take a look at **Ravi Shankar's Symphony Finale**

<https://www.bbc.co.uk/teach/ten-pieces/classical-music-ravi-shankar-symphony-finale/znk8bdm>

The most famous sitar player of all time, trailblazer **Ravi Shankar** shared his passion for the sound and traditions of Hindustani classical music with the whole world. In his Symphony, he explores this passion using the traditional instruments of a large Western orchestra.



## CLASSICAL MUSIC, OPERA AND MUSICALS TO STREAM AT HOME

With concert halls and opera houses closed due to coronavirus, organisations and musicians across the world are live-streaming concerts from their homes, or from empty halls, and opening up their digital archives so that everyone can still access their music. To select a concert to enjoy, please visit:

<https://www.theguardian.com/music/2020/mar/23/opera-and-classical-your-home-watching-guide-critics-picks>



Andrew Lloyd Webber, one of the most lauded musicals composers ever, is bringing his musicals to the home. A new YouTube channel has been launched, **The Shows Must Go On!**, which will allow fans to watch a new musical every week. To find out more, please follow this link:

<https://www.ents24.com/online-events/online-streaming-events/the-shows-must-go-on/6057592>

## LET'S GET ACTIVE!

**Ollie Tunmer (Beat Goes On)** is running daily body percussion sessions at 11 am. To find out more and catch up with his sessions, please visit:

[https://www.youtube.com/user/OllieTunmer?fbclid=IwAR1rYsh\\_AuZ8-i72UdeS7B1NncukhxMnBg56vDSqF2ZbFgv9XfkpR4avfzg](https://www.youtube.com/user/OllieTunmer?fbclid=IwAR1rYsh_AuZ8-i72UdeS7B1NncukhxMnBg56vDSqF2ZbFgv9XfkpR4avfzg)



You may have seen this image on social media, musicians are being encouraged to play for the NHS. On Thursday at 8pm musicians up and down the country, at all stages of their learning, will be playing 'Somewhere Over the Rainbow' in celebration of and as a mark of respect to NHS staff. Follow #PlayForOurNHSHeroes and #OverTheRainbowNHS on twitter to find out more.



Changing lives through music