

Harting Primary School Newsletter



Message from the Head

Most of us acknowledge that for a variety of reasons the last year has been stressful. We all have different 'baggage' which has had an impact on many adults' well-being, which in turn, can make family life hard too.

Home schooling is just one of the many challenges that parents should be commended for. For many, things may have settled into a rhythm now and as the country opens up things feel more hopeful. Nevertheless, as adults we do need to look after ourselves too.

As a staff, we have had a well-being session, which I rather thought would not have a significant impact. In fact, I found it very helpful! At the risk of overstepping the mark, this newsletter has resources for adult mental health (as well as for children) as it is Mental Health Week next week. Some suggestions are very simple which may prove useful.

Take care.

Best wishes,

Fiona

Every Mind Matters Mind Plan

Taken from Public Health England:

The Every Mind Matters can get you started with a free NHS online plan, showing you simple steps to help manage anxiety, sleep better and boost your mood. This is the link to the Every Mind Matters [mental health action plan](#)

In addition to the Every Mind Matters [Mind Plan](#) there is a wealth of content which includes practical tips and videos from experts on dealing with [stress](#) and [anxiety](#), boosting your [mood](#), [sleeping](#) better and what you can do to help others – including advice for [parents](#) and for [children and young people](#).

[The Every Mind Matters platform](#) has been continuously updated to support people during the COVID-19 outbreak, and has a [COVID-19 hub](#) that includes tips and support on how to deal with change, cope with money worries and job uncertainty and how to look after your mental wellbeing while staying at home.

Key Harting values: love and respect
'Love others as yourself'

Worship Themes: Staying Safe and Stories about Jesus

Spotlight on safeguarding – e-safety



As mentioned before, most online games are advertised as free, however they can come with a hidden cost known as in-app purchases. These additional costs allow the player to buy things such as loot boxes, skins or gaming cards which all enhance the gaming experience. However, it's not just adult games that have these. Many children's games have the option to make in-app purchases, which can lead to young people spending substantial amounts of money.

What are the risks of in-app purchases?

- In-app purchases and loot boxes can encourage gambling behaviour.
- If a child is unhappy with the contents of the loot box, this can lead to disappointment, anger or upset and may lead the child making repeat purchases.
- If a child acquires a rare item through an in-app purchase, this could also encourage them to make repeat purchases in the hope of getting more of the same and can lead to children accidentally running up huge bills.

As more children and young people start to spend money online through in-app purchasing, Internet Matters have created a [guide](#) to help parents and carers support young people to spend money online safely.

Safeguarding – 'staying safe' (conversations to have with your children)

Having spoken to some of the children last week about what they would do to stay safe in a range of scenarios, it is evident that many of them have not had to think about environments other than their own home for the last year or so! On this basis, we have planned some assemblies and are asking the children to think through how they might stay safe in different contexts.

Can I suggest that you also do the same with your own children so they understand what they should do or who to go to if they are worried or feel unsafe in places that you visit? Rather than frighten them, it's good to empower them by talking through how they would react in different situations. A great scenario to start with is what they should do if they are lost in a shop and talk through a plan of action. By adding variables, older children's thoughts may be deepened.

Federation information – Question and Answer sessions

Reminder of meetings for Federation consultation in the school diary below.

Do access the documents for information too - go to the school's website: <https://www.harting.w-sussex.sch.uk/website> . A tab entitled, 'Federation with Stedham Primary' is situated at the top of the home page, which houses the information.

Following the consultation meetings, the survey link will also be displayed on the school's website so that views can be shared.

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Pick up and drop off times from Monday 10th May 2021

As we head out of lockdown, we want to go back to normal pick up and drop off times. With this in mind, we would like to return to usual school timetable as soon as possible:

Rother class (class learning will be planned around these times from next week):

- **all** pupils dropped off in the mornings between 8.30-8.45am
- **all** children picked up at 3.05pm

via front left-hand side of school as per the current arrangement

Downlands class:

- **all pupils** picked up at 3.05pm (at front of school)

For the Warren, Torberry and Beacon classes, the times are:

Morning: 8.30-8.45am start

Afternoon: 3.05pm end

If there are logistical issues with a swift return to the normal timetable, please let us know.

We thank you for continuing to socially distance whilst on the school run and respecting the additional rules which we have had to apply during the pandemic.

School attendance

Please avoid booking holidays in term time as we are unable to authorise such absences. The government expect all children to be back in school, when the school is open, so such absences risk penalty fines.

Key dates for your diary

Holiday dates for 2020/21	
31.5.21-4.6.21	Summer half term break
25.6.21	Inset day
28.6.21	Inset day
26.7.21 – 2.9.21	Summer holiday

Events for summer term

We apologise if events are cancelled at any stage or differ to those in the past. We hope, however, that we can enjoy some time as a whole school community at some stage but ask that you strictly stick to our COVID rules, when we do!

There are other events being considered but we are cautiously dipping our toes into opening up! Many activities are yet to be confirmed. We hope you understand why!

TIMETABLE FOR SUMMER TERM EVENTS		
Week beginning 10.5.21		
11.5.21	Pm	Y6 health screening (NHS)
11.5.21	8pm (zoom)	Federation consultation meeting for Harting community (same content as 13.5.21) Question and Answer session
13.5.21	8pm (zoom)	Federation consultation meeting for Harting and Stedham communities (same content as 11.5.21)

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		Question and Answer session
14.5.21	All day	Y1 Forest School drop off at Elsted
Week beginning 17.5.21		
21.5.21	All day	Y1 Forest School drop off at Elsted
Week beginning 14.6.21		
14.6.21	Am	PTFA meeting (tbc)
16.6.21	8pm	New yR parents meeting via zoom
17.6.21	Pm	Beacon class - Rother Valley debate competition (via zoom)
Week beginning 21.6.21		
23.6.21	1.30pm (tbc)	Sports day (tbc) - format to be decided!
24.6.21	Pm	New yR storytime (zoom or Roundhouse - tbc)
25.6.21	All day	Inset day - no pupils in school
Week beginning 28.6.21		
28.6.21	All day	Inset day - no pupils in school
29.6.21	Pm	New YR storytime (tbc)
30.6.21	Pm	Reserve sports day (if cancelled due to weather)
2.7.21	All day	Batafon dance workshops - Torberry/Downlands
	2.30pm	Sharing assembly (tbc - weather dependent): Torberry and Downlands classes
Week beginning 5.7.21		
5.7.21	Am	Bikeability y6
6.7.21	Am	Bikeability y6
7.7.21	Am	Bikeability y6
8.7.21	Am	Bikeability y6
9.7.21	Am	Bikeability y6
Week beginning 12.7.21		
12.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
13.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
14.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
15.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
16.7.21	All day	Batafon dance workshops - Warren and Beacon classes
	2.30pm	Sharing assembly (tbc - weather dependent): Warren and Beacon
Week beginning 19.7.21		
19.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
20.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
21.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
22.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)
23.7.21	am	Swimming y3/4 (parents to drop off at pool for some groups)

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